How to Complete a Pain Assessment

Care Recording · https://cclearninghub.co.uk/docs/how-to-complete-a-pain-assessment/

How to Complete a Pain Assessment

This guide explains how to complete a Pain Assessment

Takes 5 minutes

For: Care Staff

Updated: 8th July 2026

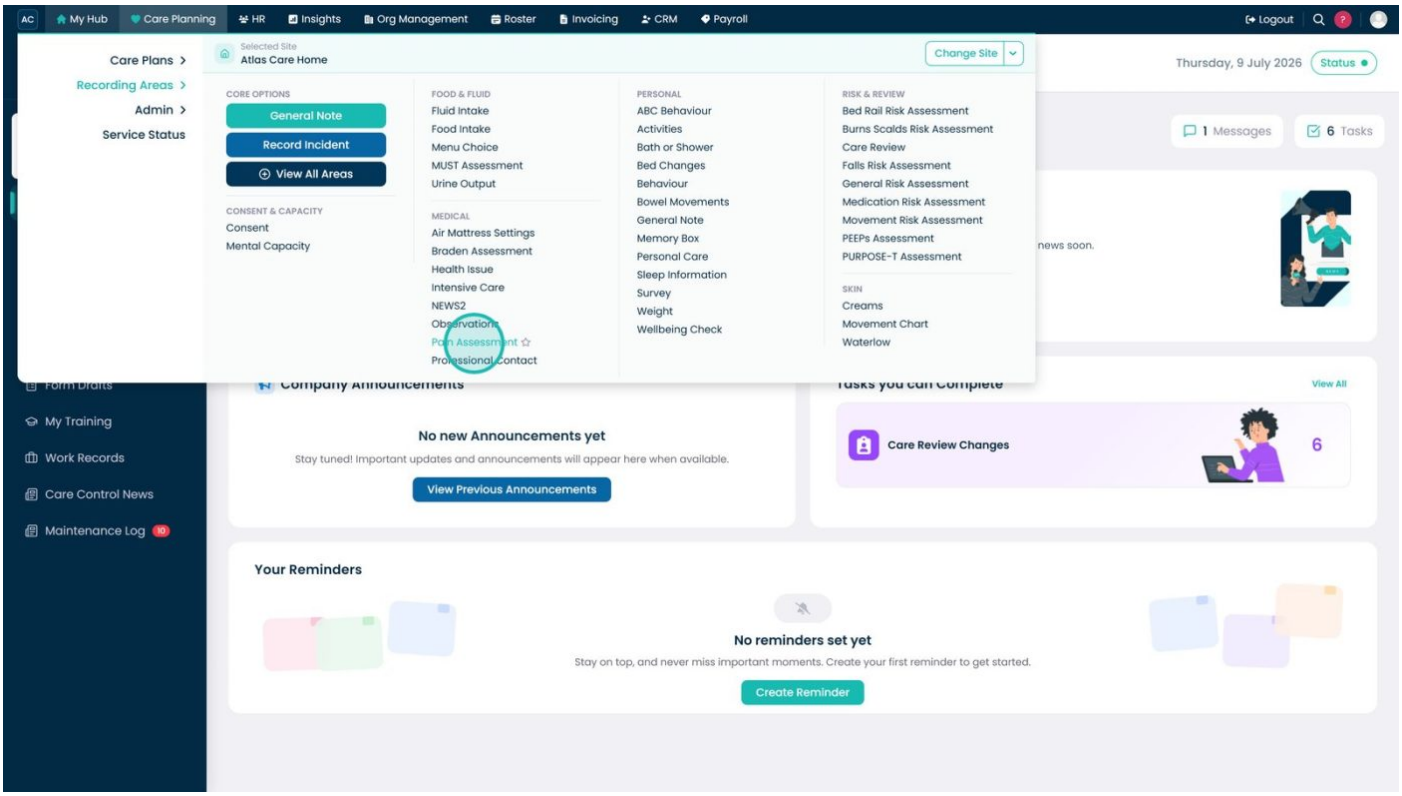
Introduction

The Pain Assessment module helps you assess and record a service user's level of pain. By completing the assessment, you can calculate an overall pain score, document the findings, and maintain an accurate record to support ongoing care.

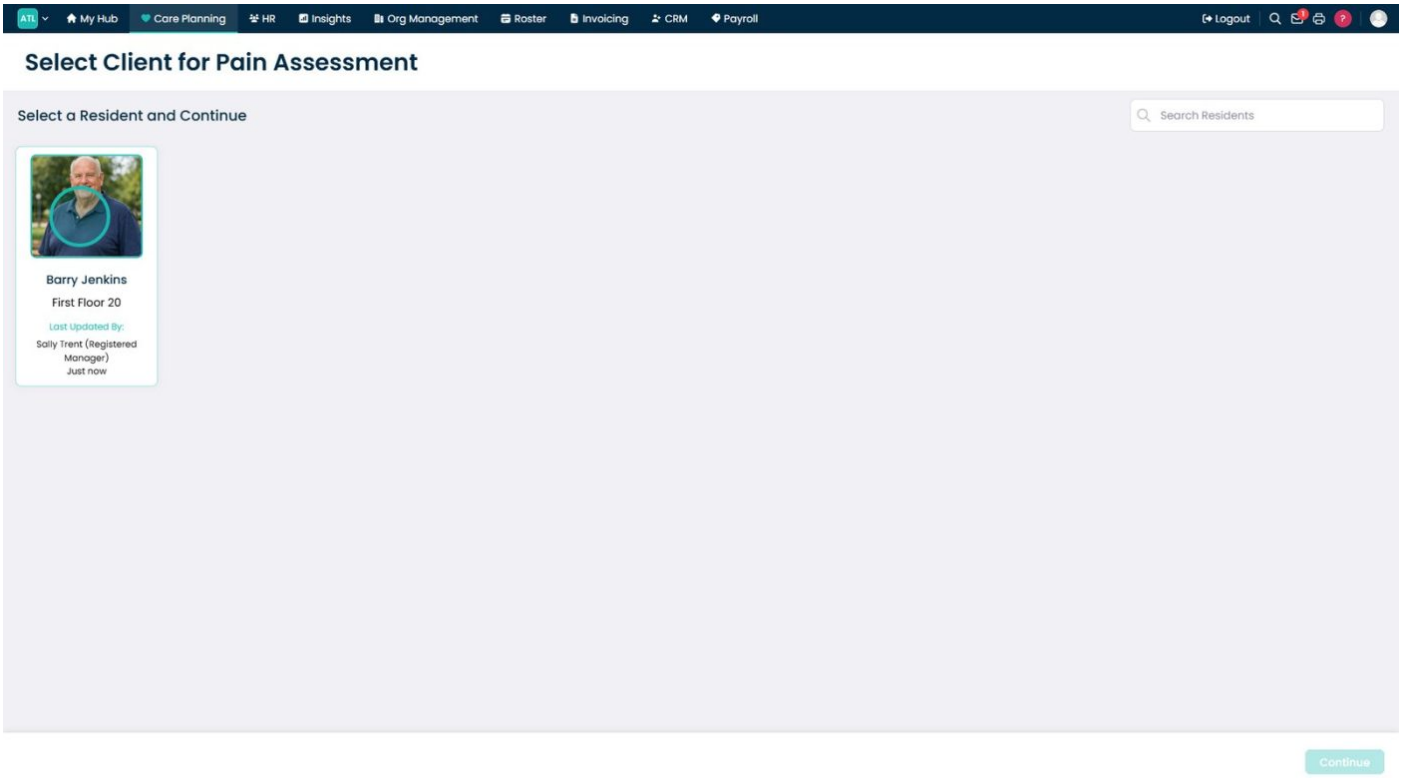
In this guide you'll learn how to:

- Open a Pain Assessment
- Select a service user
- Complete the assessment questions
- Review the calculated pain score
- Save the completed assessment

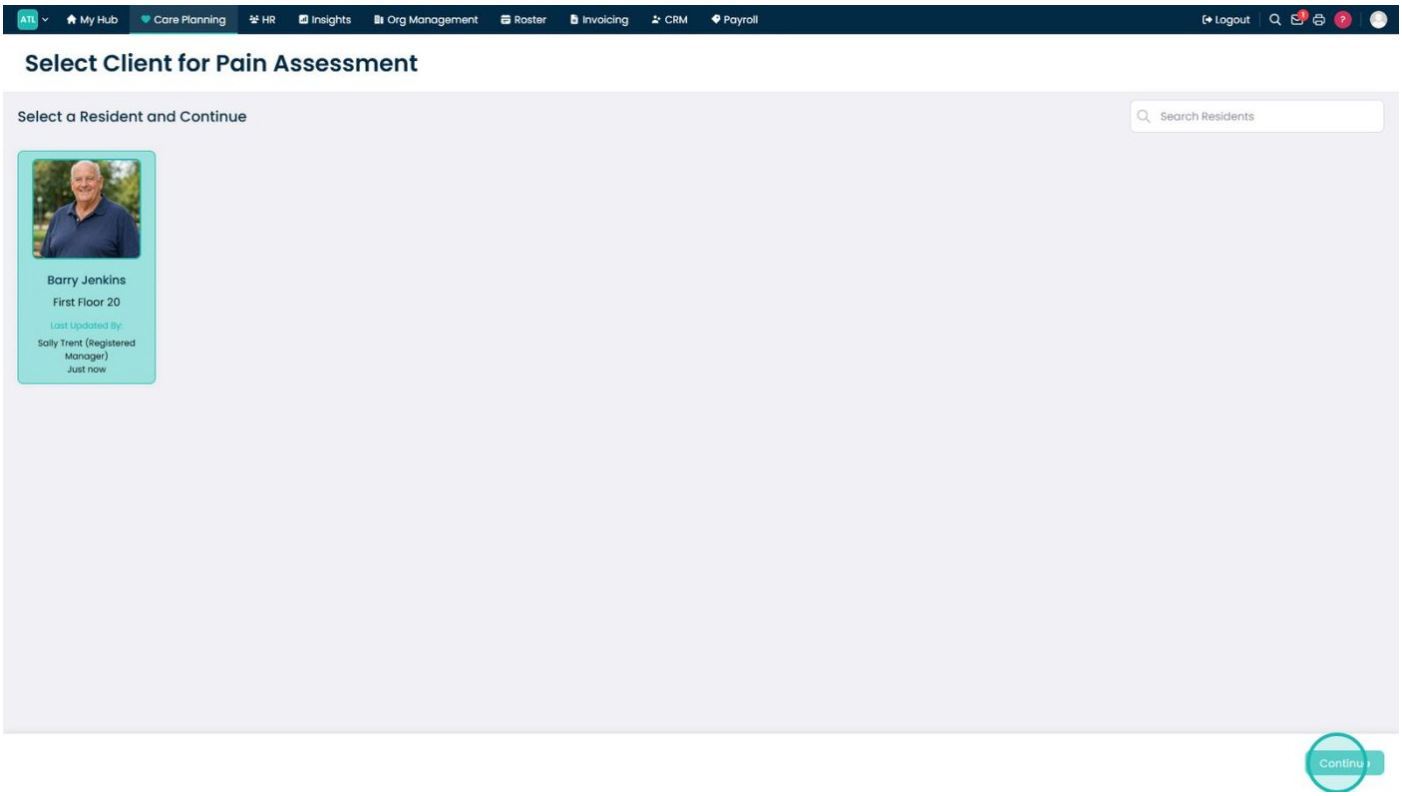
Select Pain Assessment from the Recording Areas menu.



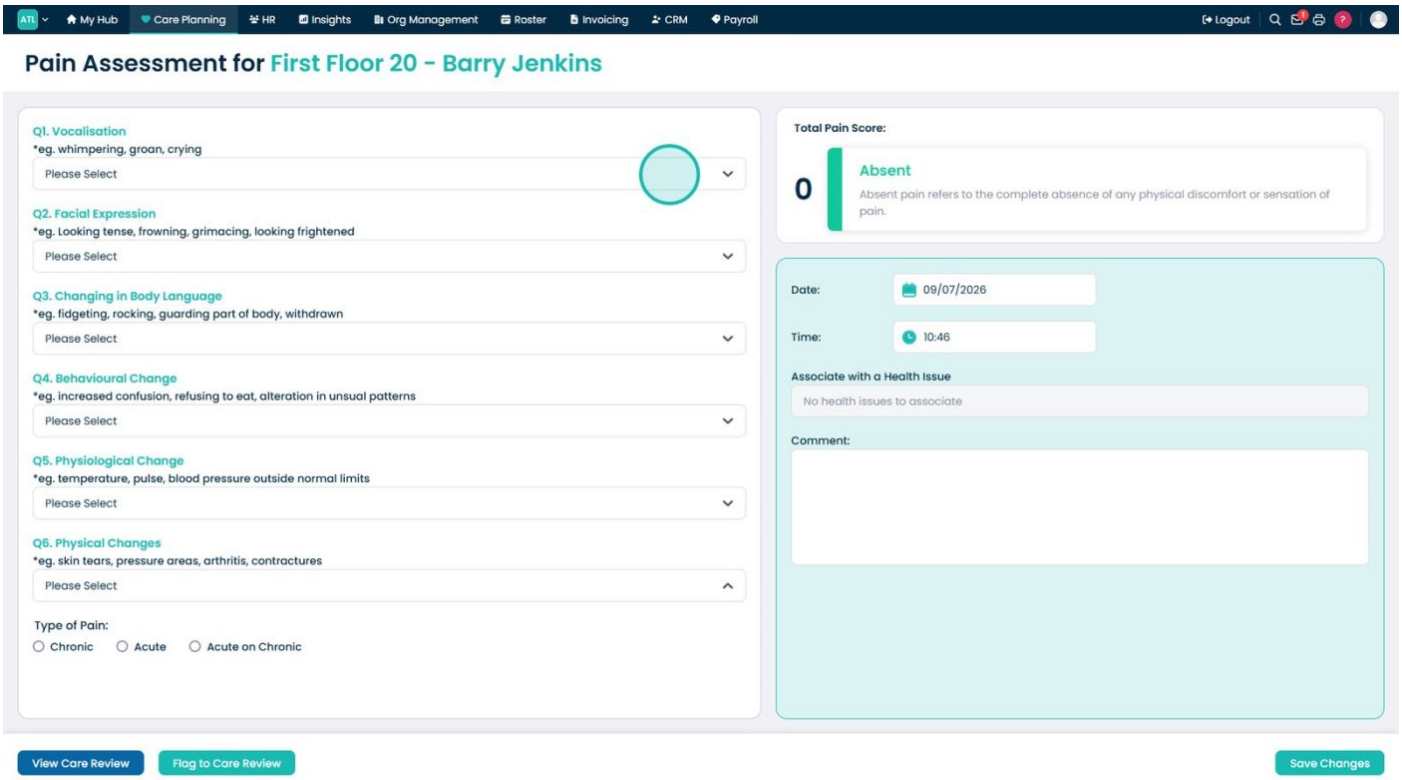
Select the service user you want to assess.



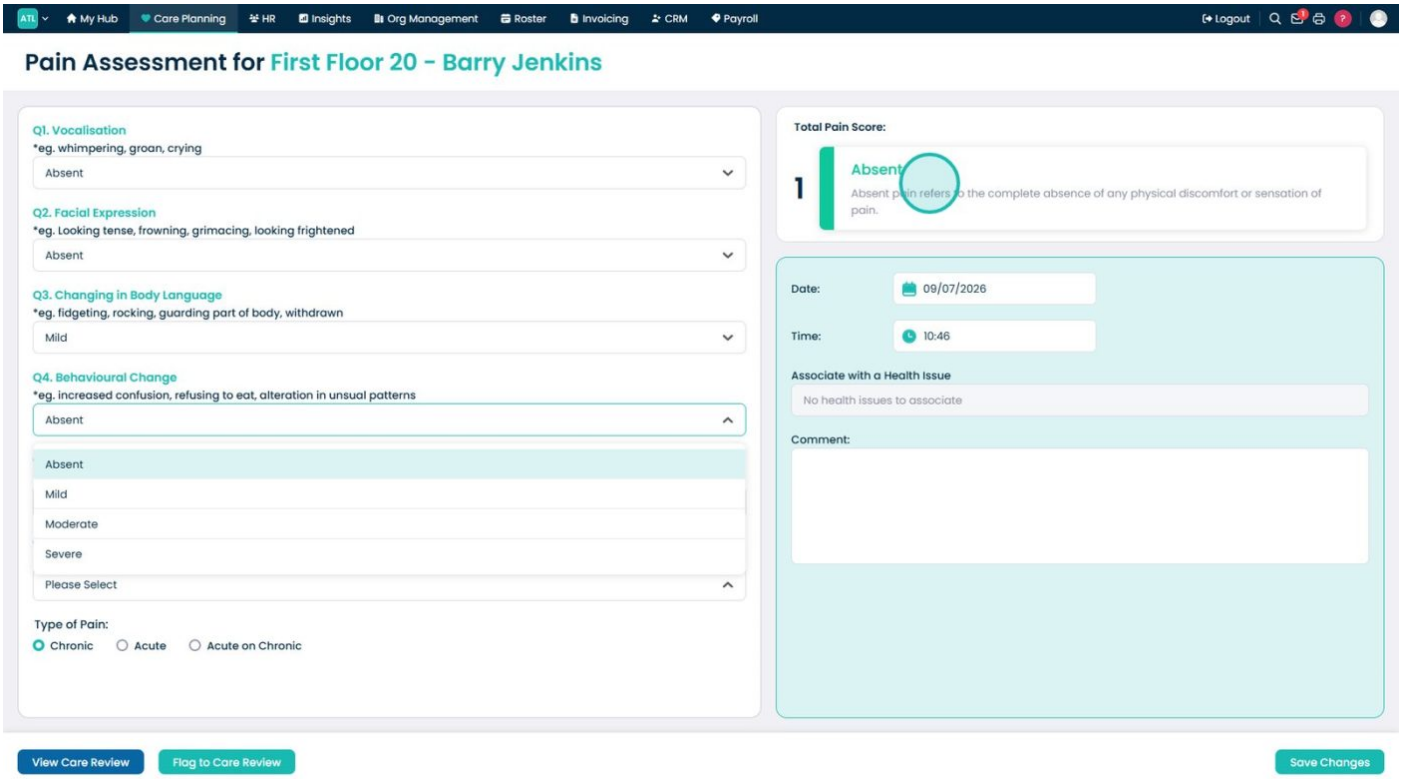
Select Continue to open the Pain Assessment.



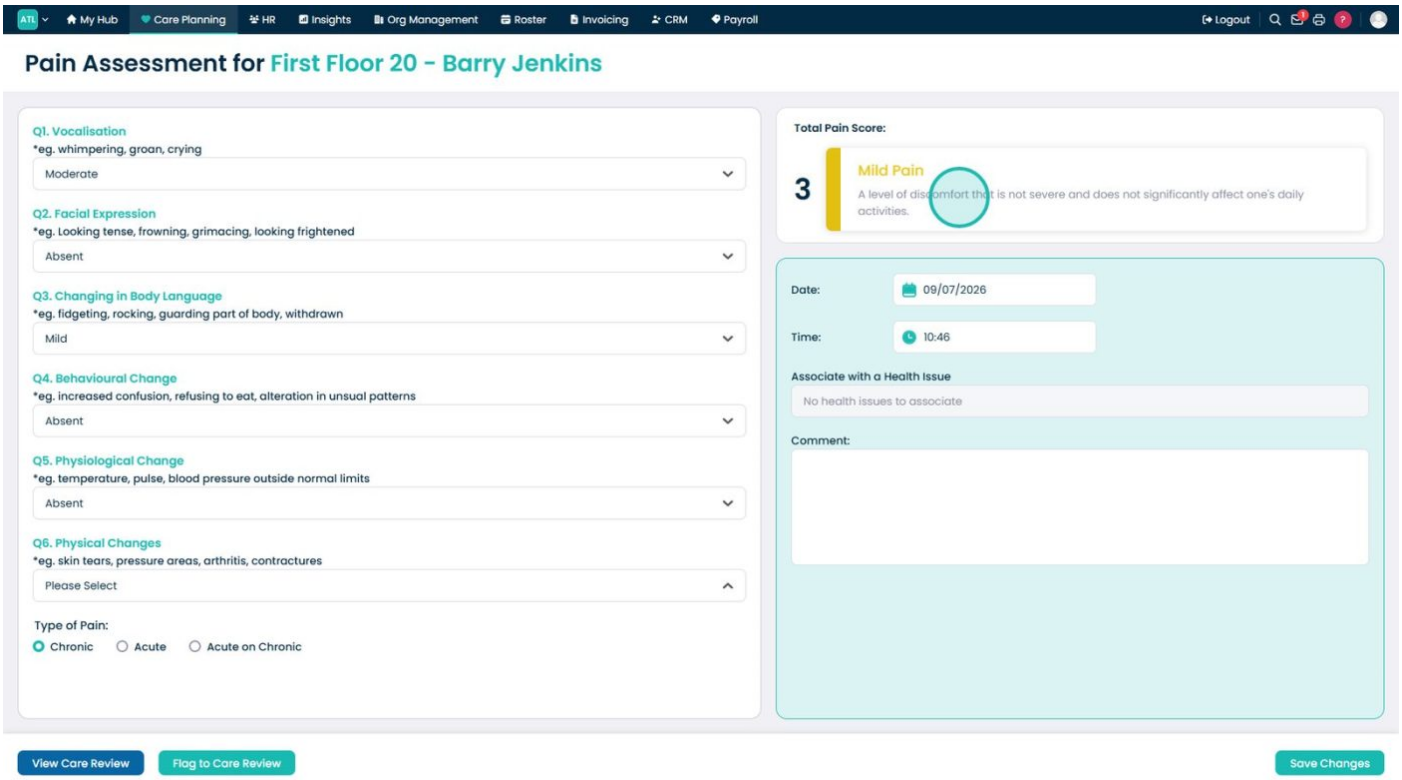
Complete the assessment using the available drop-down lists.



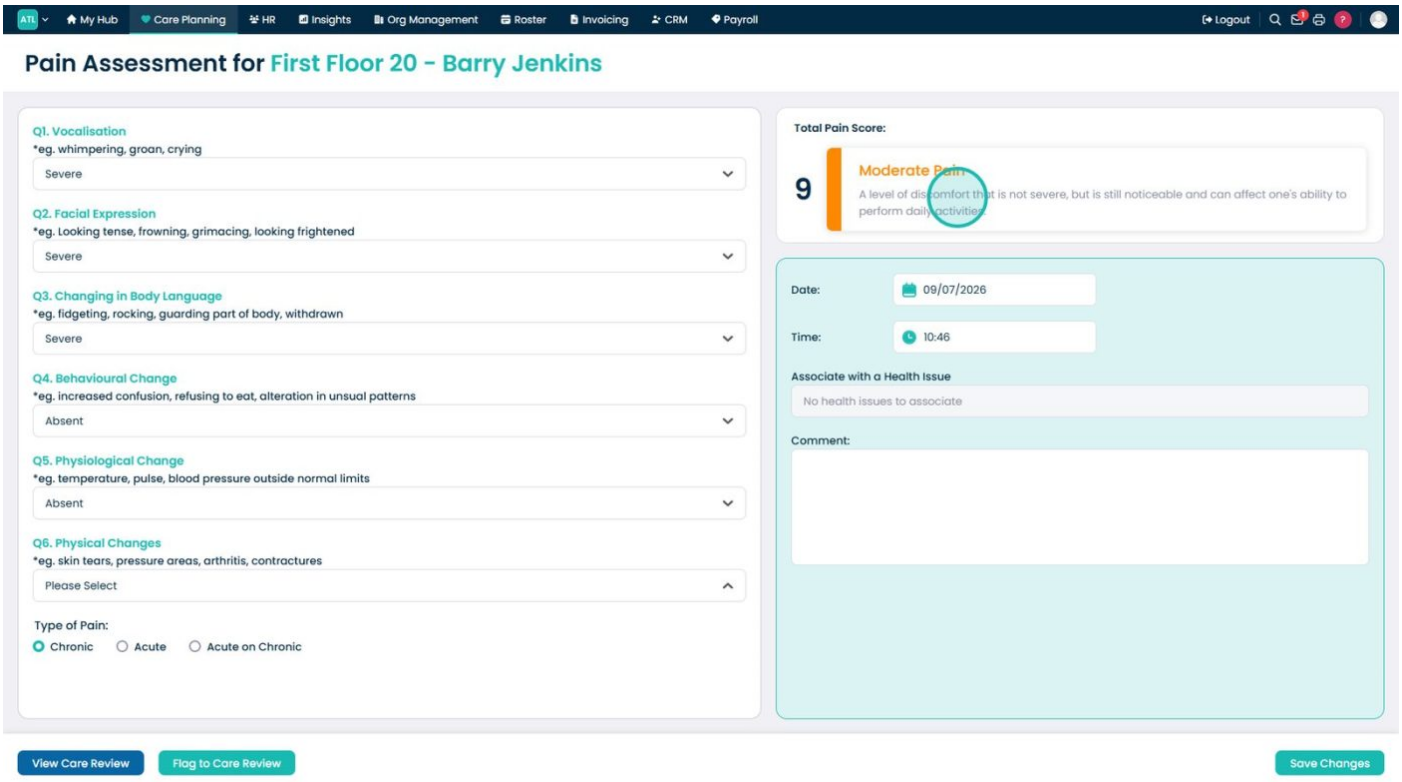
Review the Total Pain Score, which updates automatically as you complete the assessment.



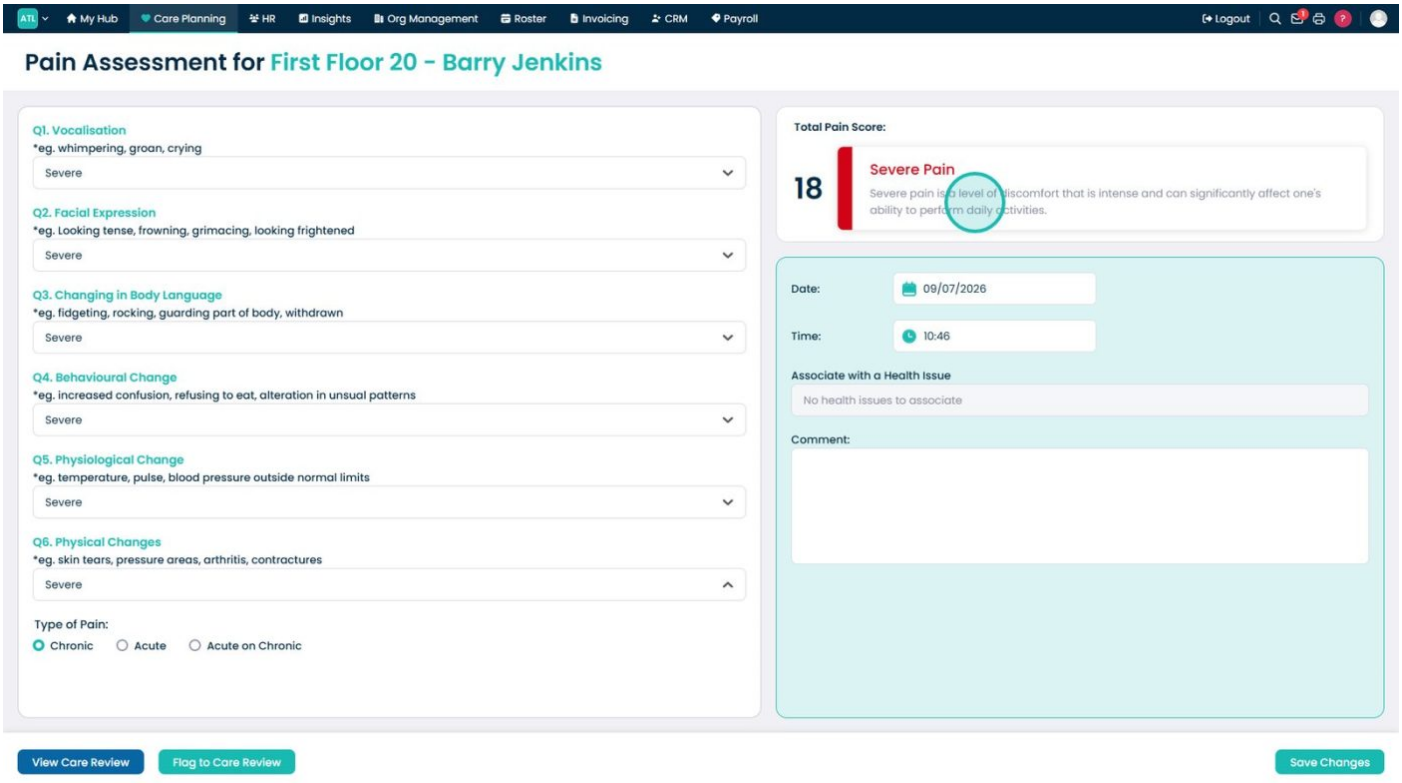
Review the guidance provided for a Mild Pain score.



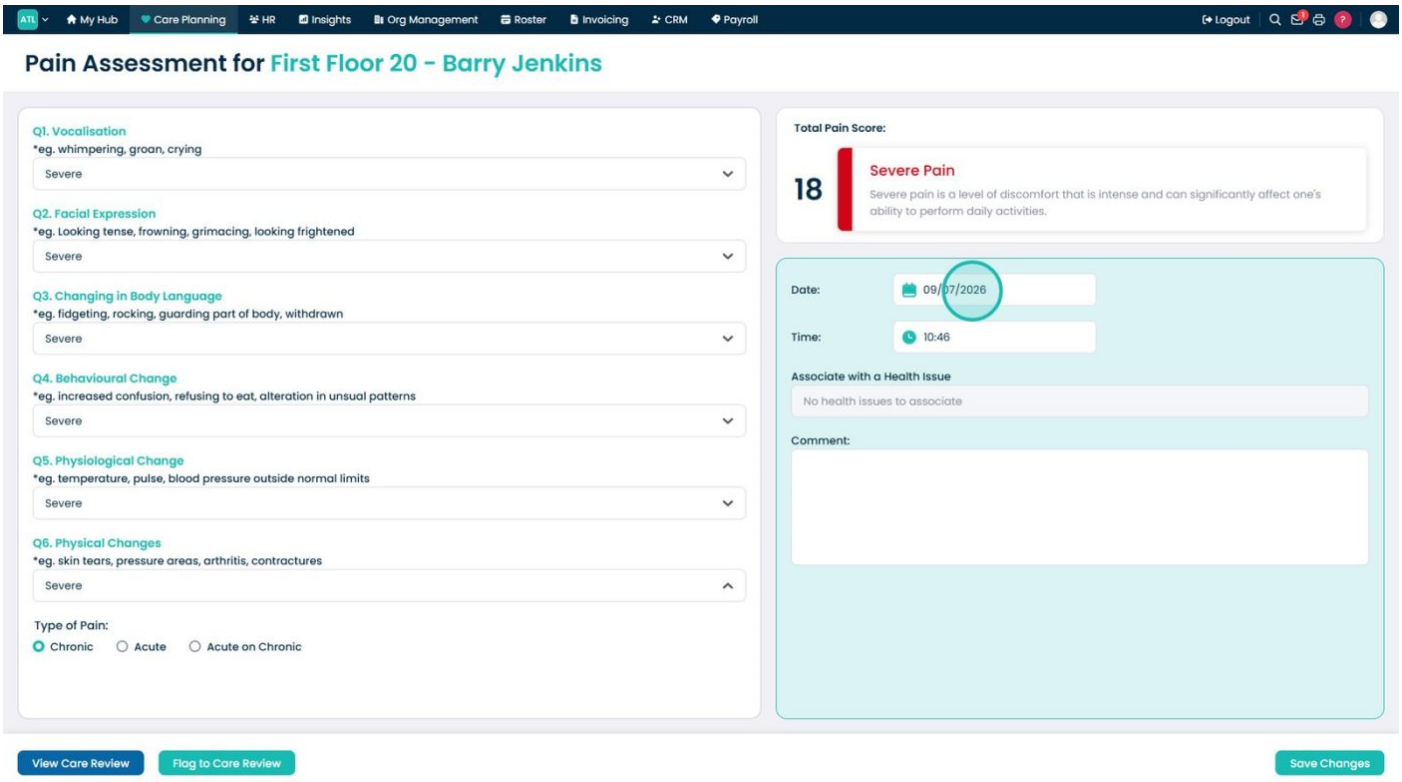
Review the guidance provided for a Moderate Pain score.



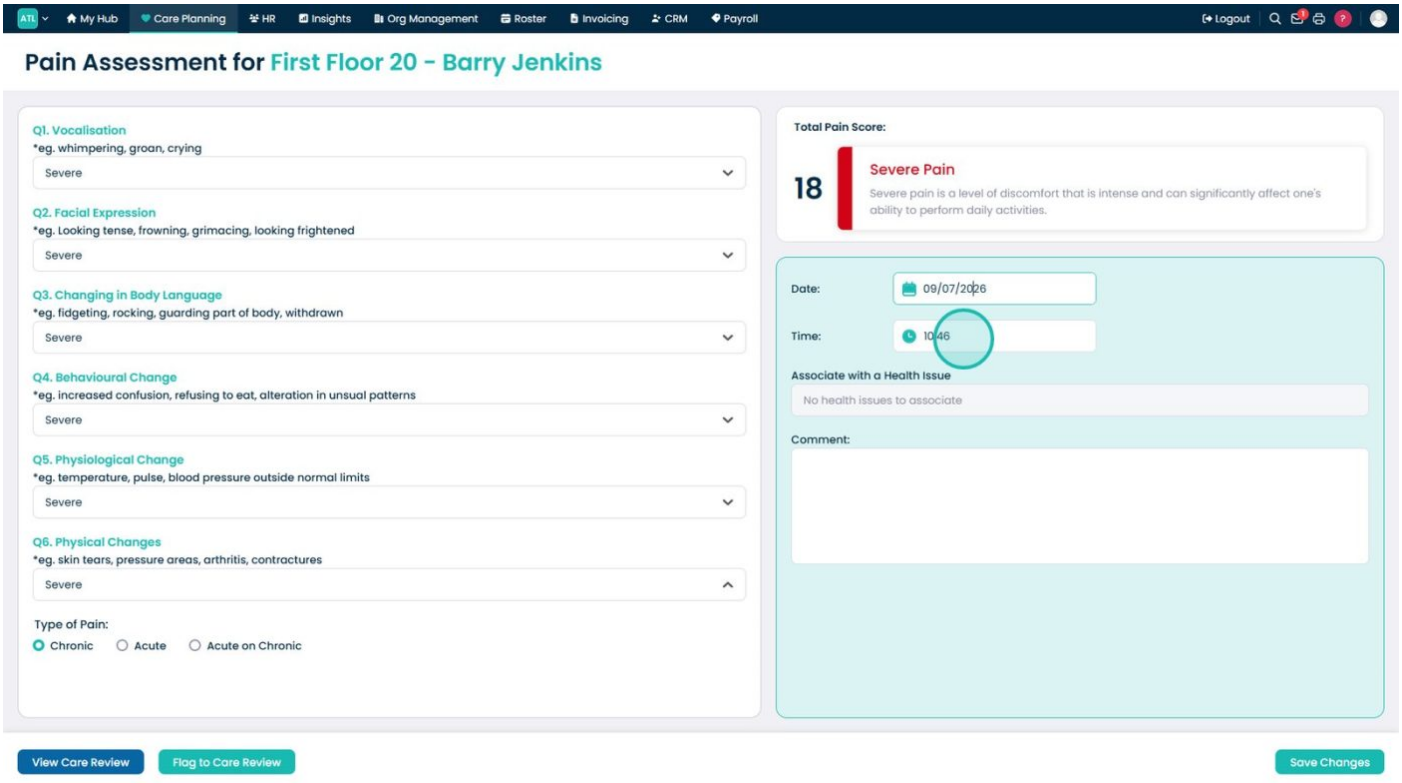
Review the guidance provided for a Severe Pain score.



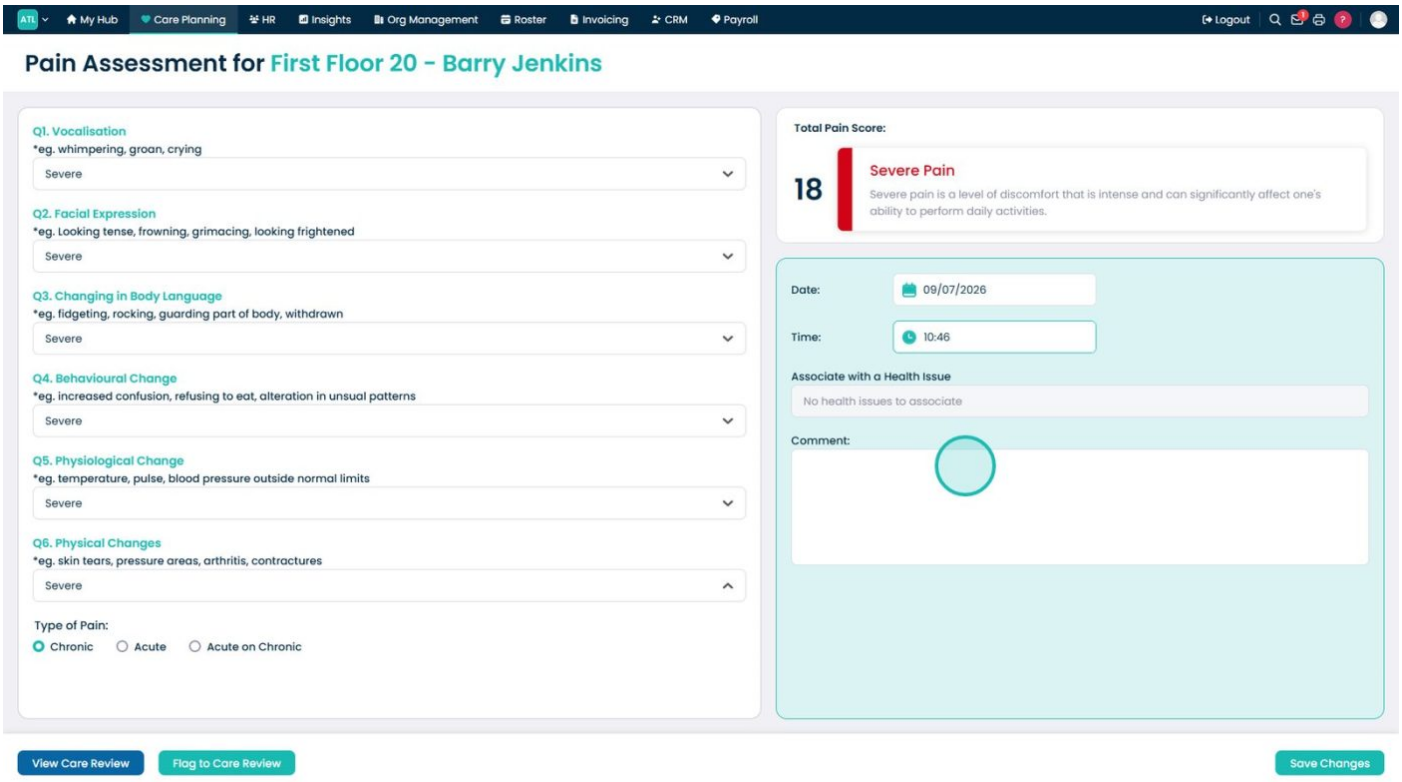
Set the assessment date to match when the observation was made.



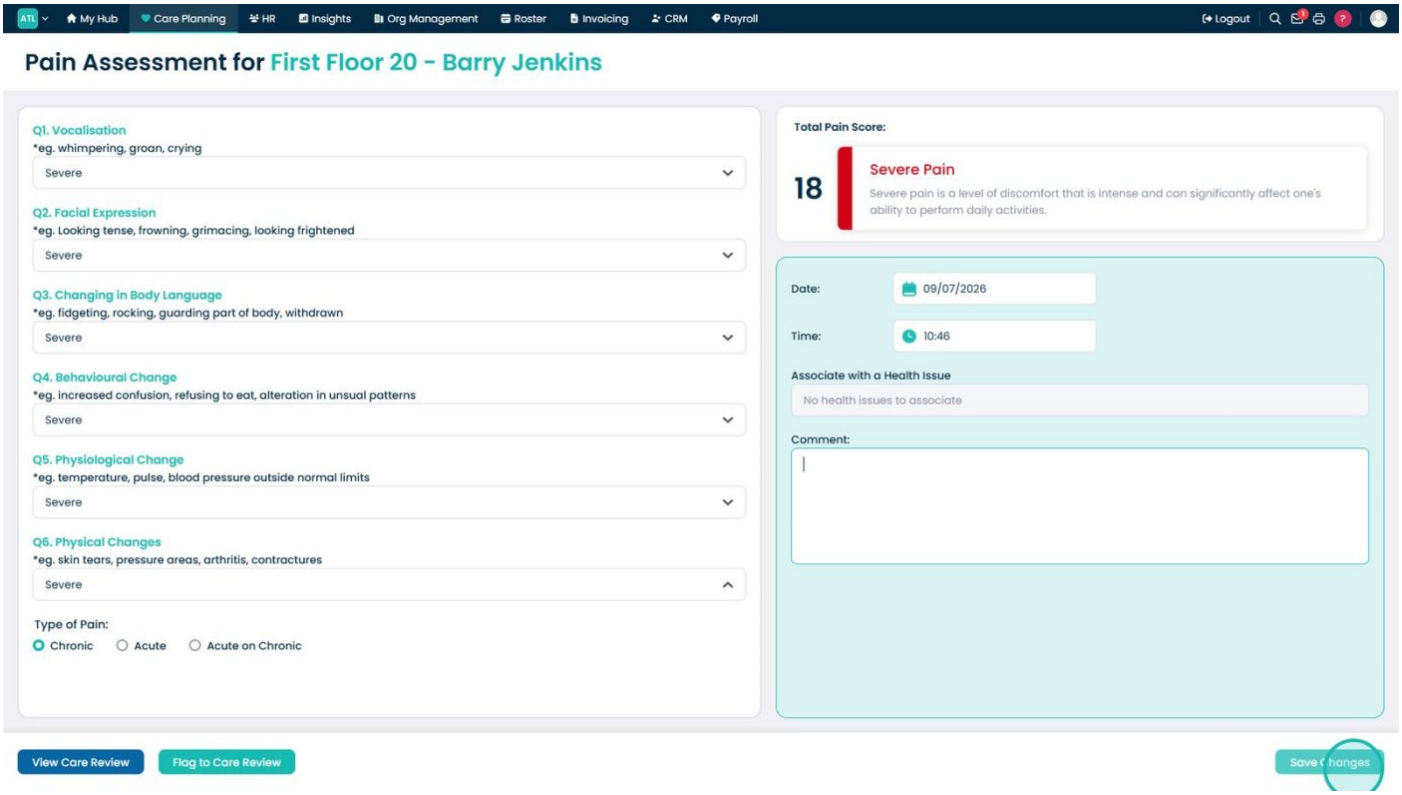
Enter the time the assessment was completed.



Add any relevant notes to support the assessment.



Select Save Changes to save the completed Pain Assessment.



Top tip

Complete the assessment as close to the time of the observation as possible to ensure the pain score accurately reflects the service user's condition.

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