Waterlow Monitoring Scoring

Monitoring Windows · https://cclearninghub.co.uk/docs/waterlow-monitoring-scoring/

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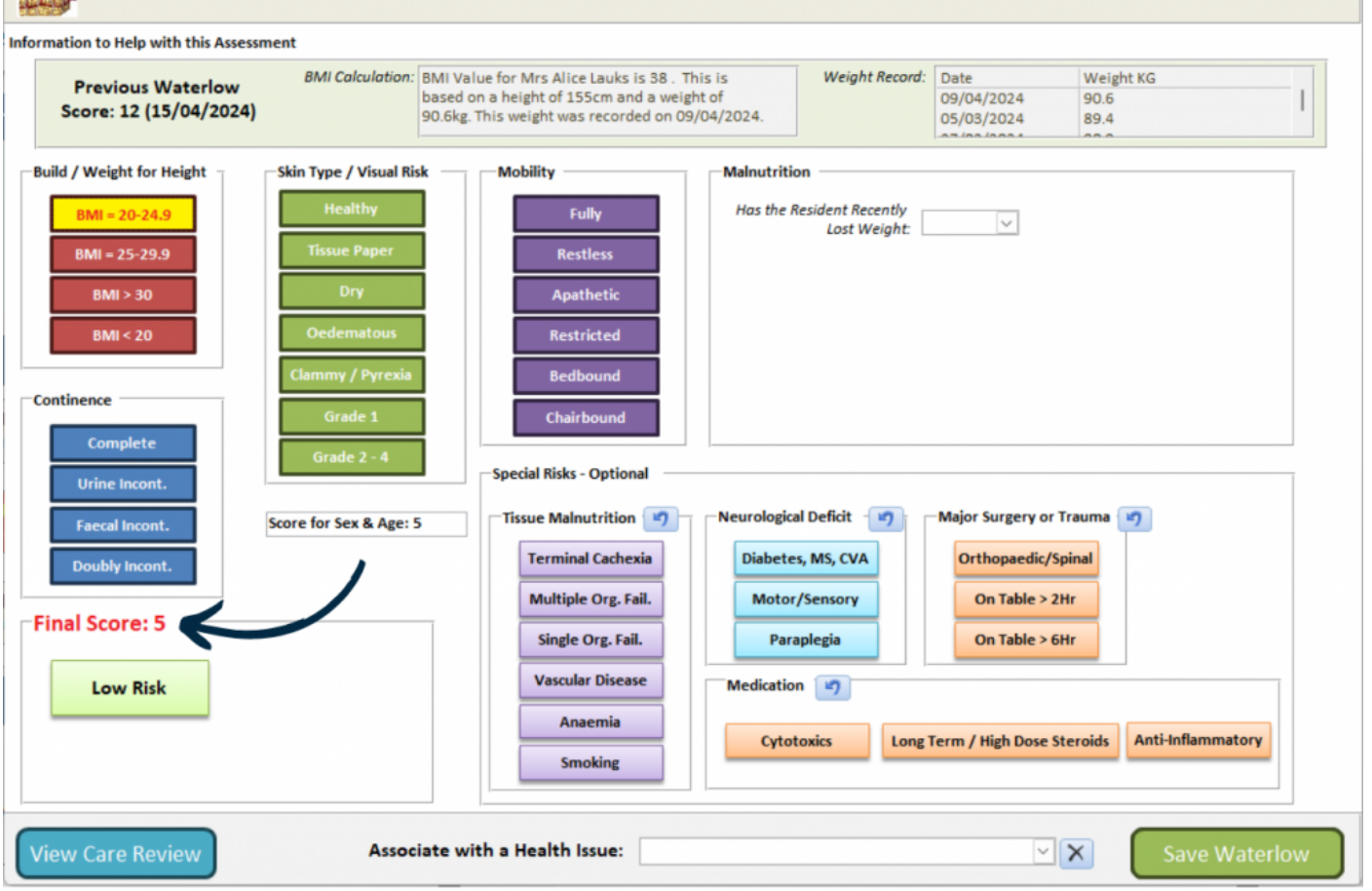
This guide will cover how the different options within Waterlow Monitoring affect the overall risk score.





1

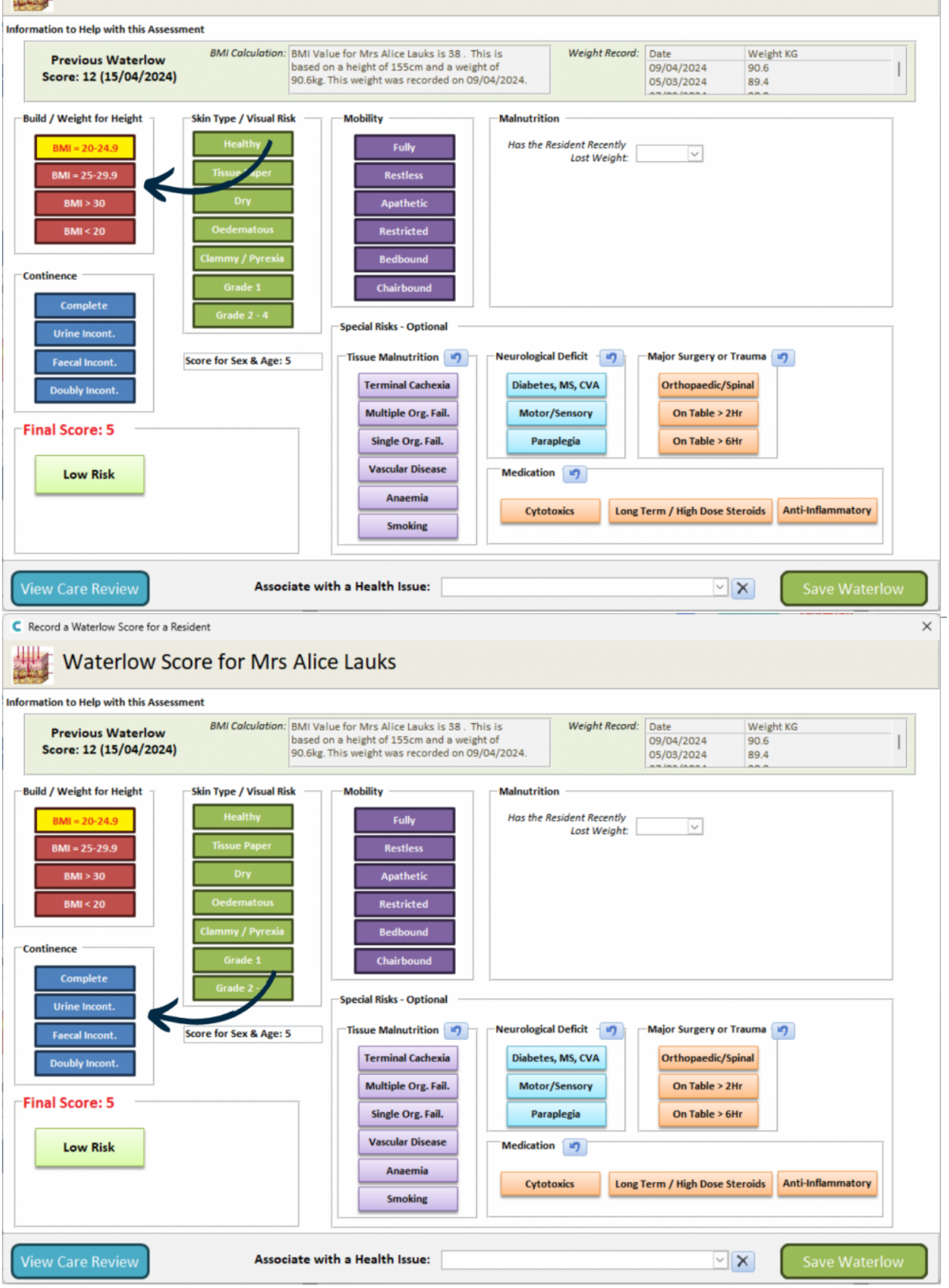
When recording a Waterlow for a service user, the **Final Score** is determined based off the options chosen in the form.

The Final Score will update as you progress through the form.

2

The first section is related to the **Build / Weight for Height**.

This option will be pre-determined by the service users recorded weight and height, but, if you were to change this here, the overall score would increase /decrease by a factor of 1 between each of the options.


Information to Help with this Assessment
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BMI Value for Mrs Alice Lauks is 38 . This is based on a height of 155cm and a weight of 90.6kg. This weight was recorded on 09/04/2024.
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09/04/2024
90.6
05/03/2024
89.4
Build / Weight for Height
BMI = 20-24.9
BMI = 25-29.9
BMI > 30
BMI < 20
Skin Type / Visual Risk
Healthy
Tissue Paper
Dry
Oedematous
Clammy / Pyrexia
Grade 1
Grade 2 - 4
Mobility
Fully
Restless
Apathetic
Restricted
Bedbound
Chairbound
Malnutrition
Has the Resident Recently Lost Weight:
Continence
Complete
Urine Incont.
Faecal Incont.
Doubly Incont.
Score for Sex & Age: 5
Special Risks - Optional
Tissue Malnutrition
Terminal Cachexia
Multiple Org. Fail.
Single Org. Fail.
Vascular Disease
Anaemia
Smoking
Neurological Deficit
Diabetes, MS, CVA
Motor/Sensory
Paraplegia
Major Surgery or Trauma
Orthopaedic/Spinal
On Table > 2Hr
On Table > 6Hr
Medication
Cytotoxics
Long Term / High Dose Steroids
Anti-Inflammatory
Final Score: 5
Low Risk
View Care Review
Associate with a Health Issue:
Save Waterlow

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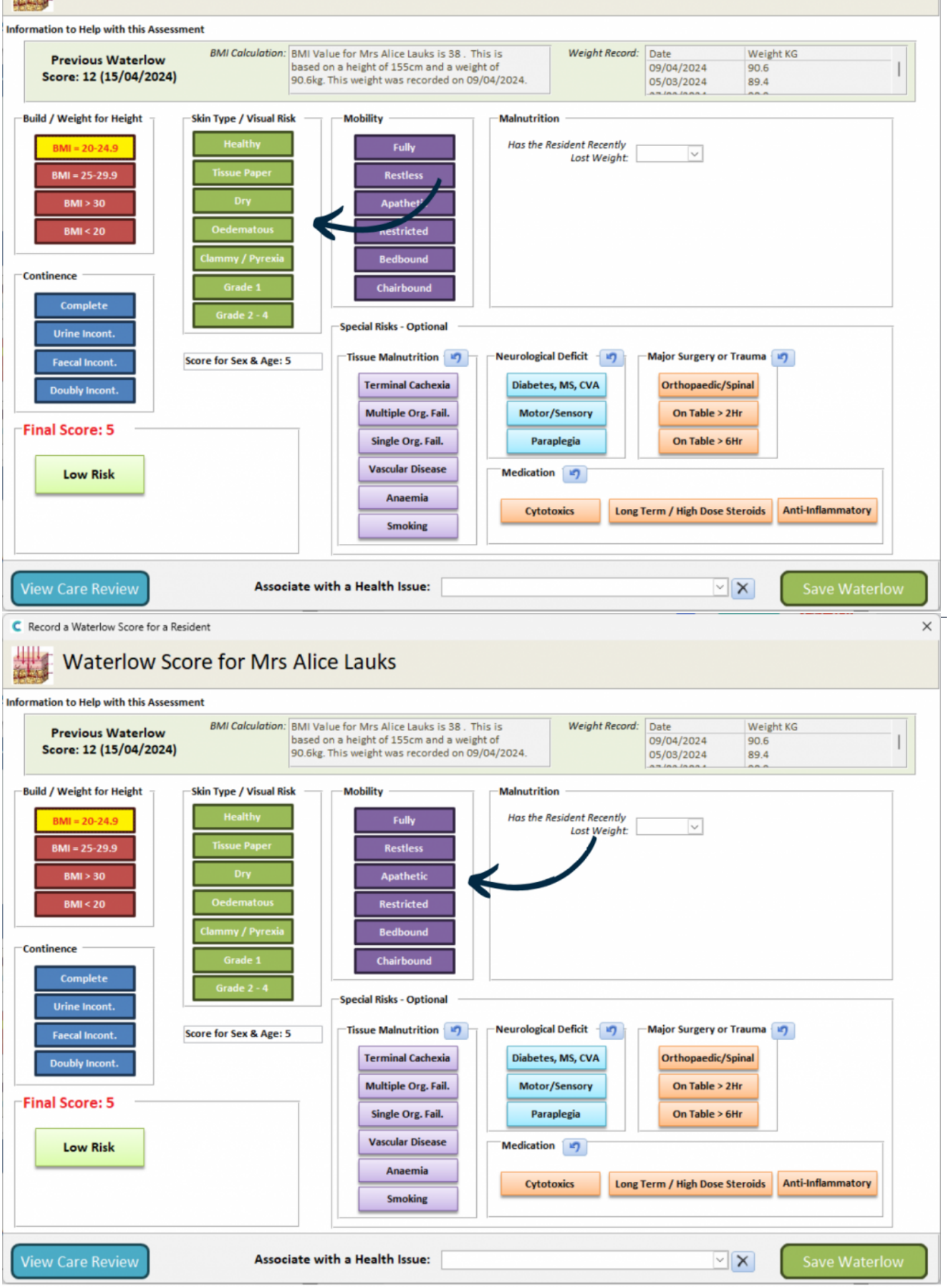
The **Continence** section is next:

- Complete, **+0**
- Urine Incontinent, **+1**
- Fecal Incontinent, **+2**
- Doubly Incontinent, **+3**

4

The **Skin Type / Visual Risk** follows:

- Healthy, **+0**
- Tissue Paper, **+1**
- Dry, **+1**
- Oedematous, **+1**
- Clammy / Pyrexia, **+1**
- Grade 1, **+2**
- Grade 2-4, **+3**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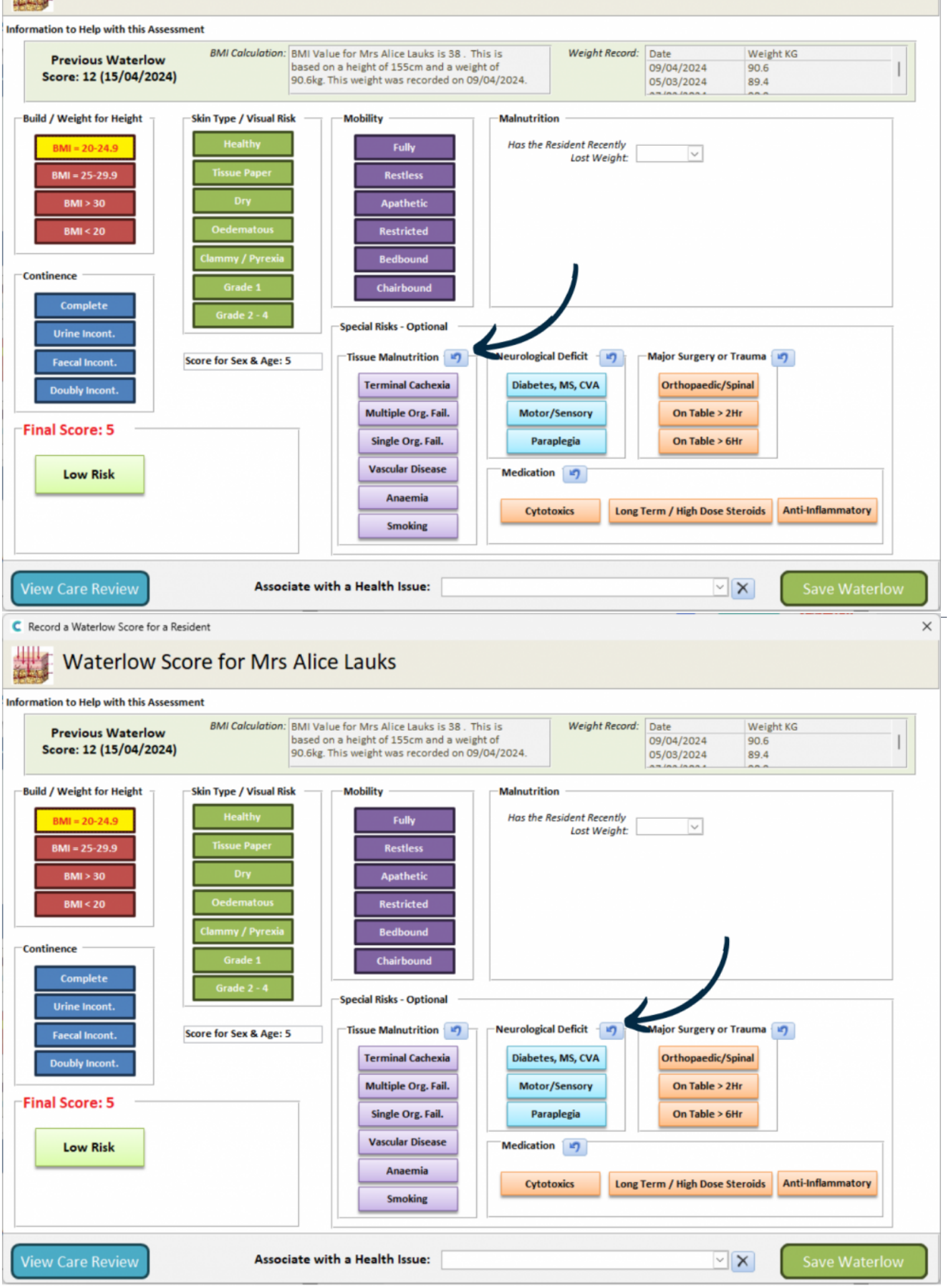
The next section scores for **Mobility**:

- Fully, **+0**
- Restless, **+1**
- Apathetic, **+2**
- Restricted, **+3**
- Bedbound, **+4**
- Chairbound, **+5**

6

The next section of scores are optional, special risks which may be appropriate to some service users. The first is **Tissue Malnutrition**:

- Terminal Cachexia, **+8**
- Multiple Organ Failure, **+8**
- Single Organ Failure, **+5**
- Vascular Disease, **+5**
- Anaemia, **+2**
- Smoking, **+1**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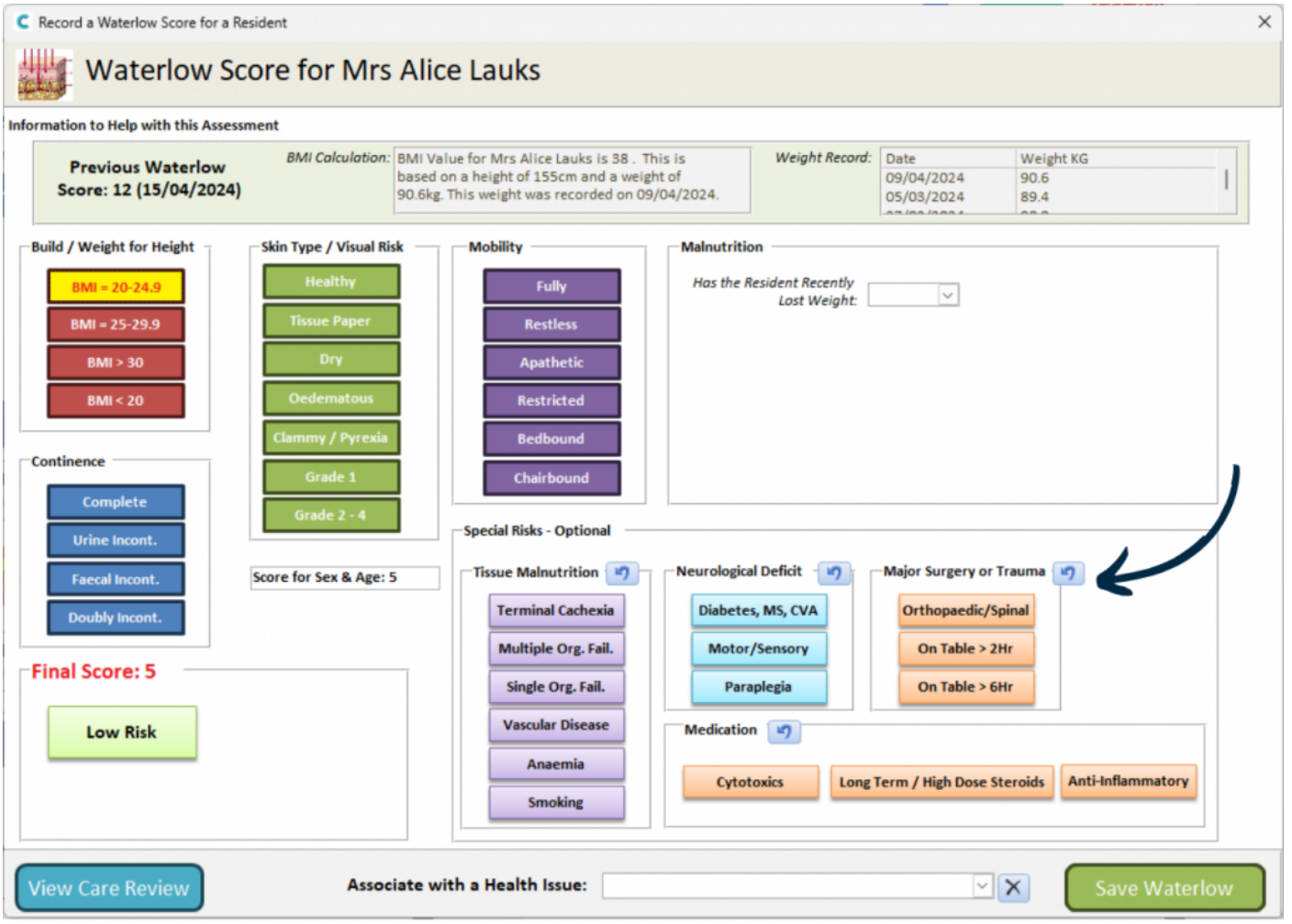
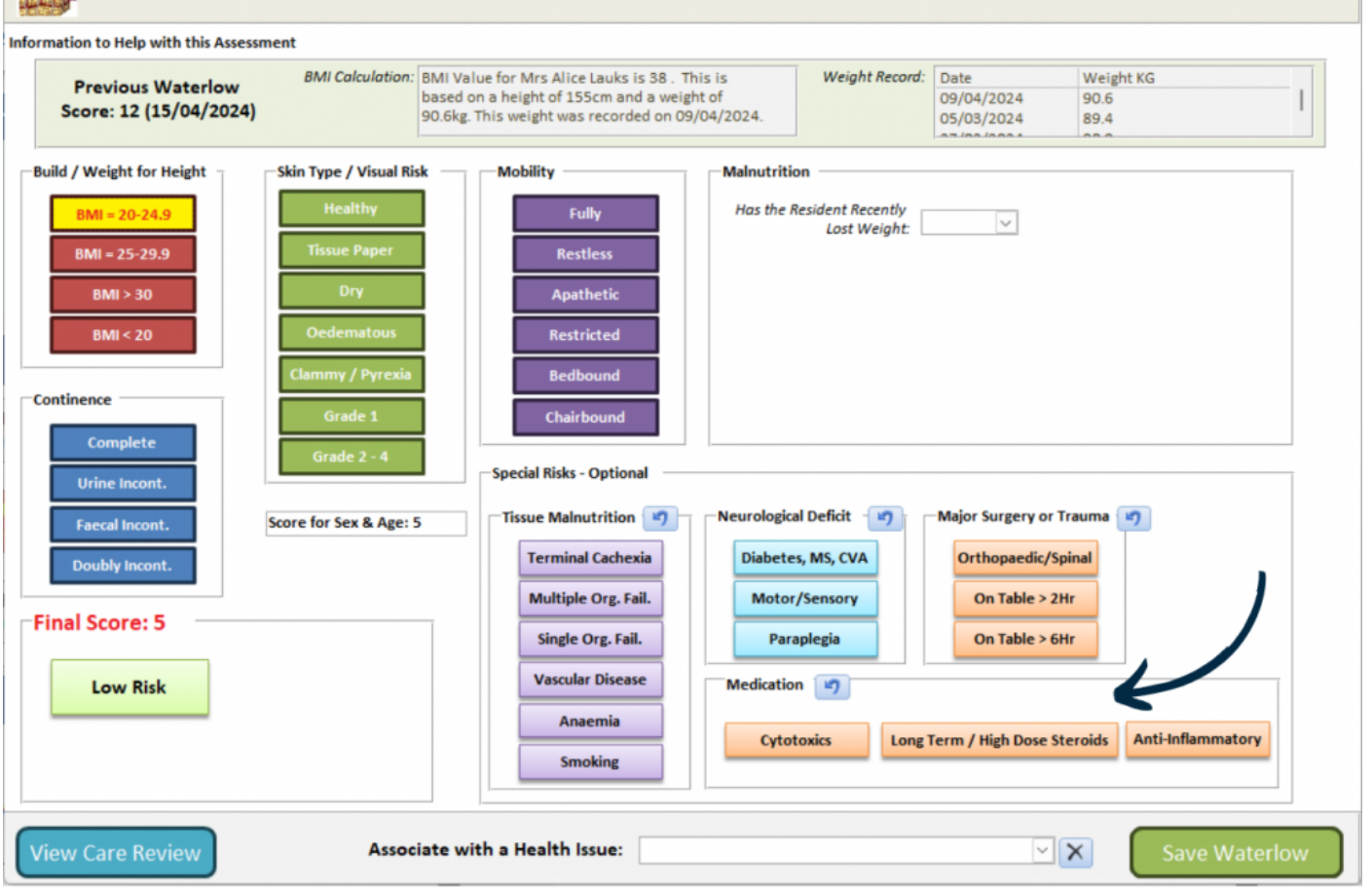
Neurological Deficit is next:

- Diabetes, MS, CVA, **+5**
- Motor / Sensory, **+5**
- Paraplegia, **+5**

8

The next set of scores relate to **Major Surgery or Trauma**:





9

Finally, the **Medication** section scores accordingly:

- Cytotoxics, **+4**
- Long Term / High Dose Steroids, **+4**
- Anti-Inflammatory, **+4**